

# 6054 Crunchy Granola



Weight

Net: 120 g  
Gross: 137 g  
Prepared: 280 g

Shelf life

The product has 5 years shelf life from the manufacturing date. Store at room temperature. An opened bag should be treated as a fresh product. Please eat the meal within 2 hours of adding water.

Preparation

Tear off the top of the bag at the indentation. Add water (1.6 dl) up to the level marker. Stir well, close the bag using the ziplock and let the dish rest for 3 minutes.

## Ingredients

Granola (rolled oats (gluten free), oligofructose, sunflower oil, flax seeds (6%), apple juice concentrate, sea salt) (58%), powdered **milk**, sugar, chocolate (cocoa mass, sugar, defatted cocoa powder, cocoa butter, emulsifier (lecithin), vanilla aroma) (5.8%).

**Allergens: lactose, milk.**

Gluten free, Vegetarian

## Nutrients

	Per 100 g	Per portion	Per 100 g prepared	Energy %
Energy (kJ)	1720	2064	737	
Energy (kcal)	411	493	176	
Fat (g)	11	13	4.6	25
↳ Of which saturated fat (g)	2.6	3.1	1.1	
Carbohydrates (g)	53	64	22.8	56
↳ Of which sugars (g)	25.9	31.1	11.1	
Dietary fibre (g)	12	15	5.2	
Protein (g)	18	22	7.8	19
Salt (g)	0.1	0.1	0.0	
Water	Max 8 %			